
Contents

Acknowledgments ix

1. *Antagonists, Parasites, and Symbiotes* 1
2. *The Sensorimotor Nature of Early Learning* 13
3. *Laying Down Two Languages across Time* 33
4. *Proficiency, Efficiency, and Expertise* 59
5. *Practice What You Speak* 81
6. *Controlled Adjustments* 105
7. *Control, Flexibility, and the Two Language Dilemma* 125
8. *The Final Frontier* 151

BIBLIOGRAPHY 163

INDEX 183